

THE KING'S CROWN



December 2021

King of Kings Lutheran Church

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January
Newsletter
Deadline is
December 15

Mission Statement

"Empowered by the grace and love of Jesus, we are committed to growing in faith with the community."



From the Pastor's Desk

What are you waiting for? Has this ever been a response you've heard when you try to explain the season of Advent to someone that might not be familiar with it? In its most common definition, Advent is the first season of the Christian church year, including the four preceding Sundays leading up to Christmas. (Beginning Nov. 28)

While this definition helps to explain the period of 24 days before Christmas that kicks off the church (liturgical) year; it can be difficult to explain why in the midst of the holiday bustle there is a call to slow down and reflect upon the birth of Jesus.

The popularity of Advent calendars with little chocolates hidden inside have helped to add to some more curiosity about this season, but there is much more to this time of year than counting down the days till Christmas.

So, what are we waiting for in Advent?

For those who are familiar with the Advent tradition, the idea of taking time for daily devotions and prayer focusing on the themes of : hope, love, peace and joy are like a familiar friend through which they enter into Christmas a little more each day – until December 25th. While some may only see it as a time of waiting; it can be a time of reflection, prayer, meditation or intentional actions to act out faith in hands-on ways. Some people even work the traditions of baking cookies, making crafts and gift preparations for Christmas into practices of their faith during Advent.

Some simple ways to engage in spiritual practices during the 24 days before Christmas could look like:

1. Devotions on Paper: Reading a devotional book with friends and family and getting together once a week over a meal to talk about it. (If you need an Advent calendar. The King of Kings Creativity in Liturgy Team, has created and printed ones that are available in the church office now.)

2. Devotions Online: A. Those who enjoy using their smartphones for photography on social media, can follow a daily prompt provided at: [Advent Photo a Day 2021](#) (Check out the graphic provided below to follow along with the photo challenge throughout Advent.)

3. Wednesday evenings in Advent at 6:30 pm - the King of Kings CILT Team will be leading zoom group devotions based on the Advent Book, "All Creation Waits". Group will meet weekly at this zoom link: <https://us02web.zoom.us/j/82555060658>

If you have questions about this Bible Study, please contact pastor at: revtleastman@gmail.com

4. Create your own Advent tradition: Some people have created their own Advent practices to add to their time of giving to others. Some examples are volunteering at a local food pantry, assisting with housing and clothing efforts for refugee families moving to Syracuse with the help of InterFaith Works, food drives; and taking part in a special Sunday Morning Service Project...**Slippers Sunday.**

What is Slippers Sunday?

On Sunday December 5th you are invited to bring in donations of warm clothing , hats, mittens, blankets to decorate the Warming Tree. As a reminder to bring in items for the Warming Tree collecting items for IFW Clients – wear your slippers to Sunday morning worship at 9:30am. In addition to being the second Sunday of Advent, this Sunday falls right before St. Nicholas Day (Dec. 6th) - a day where children are invited to leave their shoes out, for St. Nicholas to leave candy and gifts inside. This German tradition was based on the actual work of a saint of the church – St. Nicholas – who cared for the needs of widows and orphans. Join us in making this cold winter season warmer and merrier – as we collect new winter wear: hats , gloves, scarves, socks and blankets. IFW is also accepting gently used and freshly laundered winter clothing – if you have questions about where to deliver these items, contact Pat Lebel.

As we start a new liturgical church year, we enter a time of waiting and centering our daily lives on Jesus gifts of hope, joy, peace and love. Thankfully, we don't have to wait till Christmas to engage in practices that lift these principles up; we are praying about them, meditating on them, AND taking action to care for others.

This is not time to keep love, joy, peace and hope on hold – Advent is the time to let them loose and shine the light of Christ in our corner of the world; and beyond. Blessed Advent to you and yours and may love, joy, peace and hope be your companion through Christmas morning and beyond.

Grace and good trouble,

Rev. Tara L. Eastman



Christmas Greetings from the Staff:

In this season of Christmas, we give thanks to God who is Immanuel - God with us; all the "us" of humanity; calling us into ways to do justice, love mercy and walk humbly with God. (Micah 6:8) In the story of Jesus' birth and the words of Jame Cone of, "...of a story about God's presence in Jesus' solidarity with the oppressed, which led to his death on the cross. What is redemptive is the faith that God snatches victory out of defeat, life out of death, and hope out of despair."

May Immanuel, God with us, lead us into lives of Christmas joy that turns all despair into a gift of hope lived out for all people. Walking in grace, ~Pastor Tara

Dear Siblings in Christ - The promise of Christmas is that God is with us right where we are. May you be blessed with the peace, joy, and love that the Christ Child brings among us and may you go forth into each day with a certain hope and faith in the One who is Emmanuel, God with us. Peace, ~Deacon Nancy

From "The Work of Christmas" by Howard Thurman

May the work of Christmas begin with us: "To find the lost, heal the broken, feed the hungry, release the prisoner, rebuild the nations, bring peace to others, and to make music in the heart." May the eternal love of Emmanuel - "God with us" - burn brightly in our hearts and be our guiding light. Oh come, let us adore Him! ~ Beth Colbert

Wishing you a Joyful Christmas season. Many blessings to you and your family as we remember and rejoice in our Savior's birth. ~ Joan Boyle

Worship With Us *Christmas Eve*

7:00 pm - **Christmas Eve Worship with Holy Communion**

Special music the story of the birth of our Savior, Jesus Christ.

9:00 pm - **Christmas Compline Service with Holy Communion.** A reflective liturgy with favorite carols as we celebrate the Incarnation and Holy Communion.



Council Corner...

Annual Meeting Scheduled

- Save the date of January 30, 2022 - the King of Kings annual meeting will be held following worship. In order to take action on the agenda and pass the proposed budget for 2022, your attendance is essential to meet constitutional requirements for a quorum.
- In preparation for the annual meeting, a budget review meeting will be held on Sunday January 23rd following worship in the sanctuary.
- The KOK Council and Mutual Ministry Team is looking for new members to serve beginning in 2022, if you are interested in learning more about this opportunity to serve, contact Pat Lebel.

Sunday Worship and outreach broadcast: King of Kings continues to evolve in how it is using technology in outreach efforts. Sunday mornings we worship on site at 9:30 am, following CDC guidelines. With the help of volunteers in the audio and broadcast booth, we continue to live-stream as a means of outreach and staying connected with members and friends of King of Kings. If you are interested in helping with audio, outreach broadcast, powerpoint creation or presentation in worship, please contact Dave Krause.

Advent Zoom Devotions and Advent Coloring Book: Thanks to the Creativity and Liturgy Team for creating an Advent Devotional Coloring Book, based on the book: "All Creation Waits". Copies of the Advent Devotional Coloring Book are available in the church office. Weekly on Wednesday evenings throughout Advent, a Zoom Bible Study will be held at 6:30 pm - the link for this meeting is: <https://us02web.zoom.us/j/82555060658>

For more information, reach out to Pastor Eastman

Blue Christmas and Christmas Eve Worship:

Blue Christmas Worship will be held in the sanctuary on Tuesday December 21st at 6:30 pm. On Christmas Eve, KOK will host 2 services: Christmas Eve Candlelighting and Communion at 7pm and Christmas Eve Compline with communion and candlelight at 9 pm.

Finance Action

- \$1300 from funds received in a Thrivent Grant in 2020, was voted by council to be used as mortgage reduction payment.

Pastor Tara and your KOK Council



Tech Booth/Live Stream Ministry Update November 18, 2021

Hello and thank you for everyone's support and work in the ministry that is done through the Tech Booth. This ministry has shifted and evolved as we continue to adapt to life in a pandemic. We have landed on a process that is working well for us in this present moment. The two prongs of this process are:

1. Tech Support for On-Site Worship, which involves running the slide show projection and monitoring the sound. Volunteers serve in one or more of these ways:
 - a. Powerpoint slide creation (from home)
 - b. Run the Powerpoint show during worship (in the booth)
 - c. Sound check prior to worship (in the booth)

2. Tech Support for the Live Stream Online Worship, which involves running the camera and audio as well as launching/monitoring the live stream on Facebook. Volunteers serve by:
 - a. Setting up the system for the Live Stream (done ahead of worship)
 - b. Launching and concluding the Live Stream (in the booth)
 - c. Monitoring audio and visual for the broadcast (in the booth)

Dave Krause is the lead person for the coordination of this ministry. Thank you Dave! For those who are serving in the booth on Sunday mornings we will be setting the schedule to work in the booth one month at a time. We will be asking people to sign up for the upcoming month when they are in the booth so we can stay on top of when we need volunteers.

On site and Live Stream worship are equally important as we greatly appreciate the work that is being done by those who have given of their time and talent to provide a meaningful worship experience both on-site and online.

Dave Krause
Deacon Nancy
Pastor Tara

Faith Formation: Sunday School



Thanks to all the families that have been participating in our Sunday Faith Formation. It has been great to see different families and a large crowd for our Halloween game day. December brings us time to think about Jesus' birth and a new and different pageant with a song. With the help of Beth, our Music Director, we will be learning a song and performing it in costume. Look for the words in an email so that your child can participate. While I will be stepping down from teaching weekly, I will still be present helping with the planning. We will be taking a Christmas break on December 26 and January 2. Classes will resume January 9.

Our new format is a large group, intergenerational lesson and activities, where adults are asked to accompany their young people. At 10:45 we gather in the Fellowship Hall with music by Beth Colbert. There will be the lesson and activities, followed by a to-go or eat-in snack. If you are interested in helping to lead a lesson or offer assistance with our activities, please contact Deacon Nancy or myself.

Sue Evans, Children's Ministry

Annual Reports

A simple reminder to everyone responsible to write an annual report that they are due in the church office **no later than January 3rd**. Please email your reports to kingofkingsny@gmail.com. **The Annual Meeting is scheduled for Sunday, January 30, 2022.** Thanks!

DRIVE-UP MEALS: ONE MORE TIME!

With the money you donated back in November (along with a grant from Thrivent Financial), we have enough for 100 more meals. The Christmas drive-up meal distribution will be held Monday, December 20th, from 3:00 p.m. to 5:00 p.m. in our parking lot.



We always need volunteers. If you are willing to help, please call me at 315-481-5064. Leave a message if there is no answer.

Thank you so much, King of Kings. We all should be immensely proud of how we are reaching out into the community and helping our neighbors!

Weta Hayden, Chairperson

King of Kings Quilt Group



The holidays are upon us. We are all decorated for the Christmas festivities. But, what happens when the tree comes down and all the tinsel and baubles are paced away? The house looks empty, and the days are dark and short. It is time for a bit of winter whimsy. How about a snowflake wall hanging or table runner to put a grin on your face during those remaining months of winter?

Get on Donna Huberty's email list for a list of materials and pattern to make this adorable little project. Email Donna and join us for the demonstration on how to make your own snowflake cutie on Tuesday, December 14th at 1:00 pnm in the church Sunday School wing.

Push the winter blues away with some fun snowflakes in your home.

Dear Supporters of the annual CROP walk,

We want to thank you for your involvement on a messy, cold, wet Sunday that was the weather for this year's CROP walk. We have surpassed \$15,000 which was our goal for this year's walk!

The even better news is that funds are still coming in. Commitments totaling more than \$3500 have already been sent by CROP/CWS to the nine agencies the Crop Walk supports.

Our planning team will be meeting soon for our evaluation of this year's walk. If you have any suggestions, please send them directly to us at GreaterSyracuseCropWalk@gmail.com.

If you are passionate about helping the community and would like to join our planning team (About 6 meetings a year), please let us know that as well. We have a few roles/tasks we need help with which are listed at the bottom of this email. Can you help with next year's walk?

Check out a thank you video from the CWS Staff: <https://www.youtube.com/watch?v=aCWveGTsj0w>.

Blessings, The Greater Syracuse CROP Walk Planning Team

Greater Syracuse
CROP Hunger Walk

Thank you from the bottom of my heart to everyone who sent a card, note, and prayers after the recent passing of my father. I could truly feel the warm hugs when I was in Dallas for his funeral mass. My siblings and I shared many wonderful stories, tears and laughter as we went through all of the memorabilia my dad had saved through his 91 years on this earth. There were handwritten cards and notes from when my parents were dating in the 1950's, and photos from his time in the Army in the early 1950's.

Thank you for having me as an honorary member of the King of Kings family, Joan Boyle



From the Deacon's Desk

I like to tape items to the wall or pin them to a bulletin board around my workspace. It's my way of reminding myself of people, experiences and writings that bring meaning to my life. In the past one of those things was a benediction attributed to St. Francis. In moving from one desk to another, it never made it out of the file folder and back onto my wall. I was reminded of it the other day so I share it with you.

*May God bless you with discomfort,
At easy answers, half-truths, and superficial relationships
So that you may live deep within your heart.*

*May God bless you with anger
At injustice, oppression, and exploitation of people,
So that you may work for Justice, freedom and peace.*

*May God bless you with tears,
To shed for those who suffer pain rejection, hunger and war,
So that you may reach out your hand to comfort them and to turn their pain to joy*

*And may God bless you with enough foolishness
To believe that you can make a difference in the world,
So that you can do what others claim cannot be done
To bring justice and kindness to all our children and the poor. Amen*

As Pastor Tara spoke of the agitating power of God's love in her sermon on November 14, this benediction reminds us that life within the Kin(g)dom of God brings with it a level of discomfort. It is a discomfort that moves us to action in order to alleviate the suffering of those who know no comfort. It often means that we find ourselves in need of a new perspective. It often requires innovation and a great deal of trust. It can also be a welcome discomfort as we live more deeply into the love of God; a love that withstood the suffering of the cross. I invite you to read and reflect on this benediction. How does it speak to God's calling for us in this time and place? How might it challenge us to let go of the familiar and comfortable aspects of our ministry to make room for a little holy foolishness?

It may seem strange to ask God to bless us with discomfort, anger, tears and foolishness but at the core of any blessing is the presence of God in our midst. God also blesses us with each other. The Kin(g)dom of God brings the blessing of community. This community is diverse and wide. We live in this community in the sanctuary of a church and in digital space. We find this community in our neighborhoods and on unfamiliar streets. God is everywhere and we, too, are called to go out, to reach out, in a myriad of ways.

As we embark on doing the work of ministry God is calling us to, I pray that in the midst of the discomfort we are foolish enough to keep our eyes on the one who started it all, Jesus the Christ.

Peace, Deacon Nancy

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. 1 Corinthians 1:18

CONFIRMATION CONNECTIONS



One of the highlights of the past few KCY classes was our Church Visit with Liverpool First Presbyterian Church. We attended their worship service broadcast via zoom. Pastor Garrett met with us on zoom after the worship service. We are appreciative of his time with us.

We will be continuing our study of the New Testament in December and January. One of the things we considered as we talked about how Paul sent letters to the churches was to write a letter to our future selves. What would you include in a letter to your future self?

Have a blessed Holiday Season!

2022 Offering Envelopes Are Here

Your 2022 offering envelopes are in the narthex. As not all of us are yet attending in-person worship, please feel free to grab and deliver them to anyone you might be seeing in the near future. This would be a great help to me.



Barb Winkel, King of Kings Financial Secretary

Schedules for December

Slideshow Creation Team

Usher

Lector

9:30 am

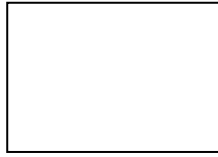
12/5	Teresa Mansfield	Brian Genalo	Stephany Richardson
12/12	Jacob Sousou	Ken Margrey	Niel Zuern
12/19	Keith Gatling	Bob Hickman	Colleen Richardson
12/24	—	—	Carol Genalo
12/26	Kurt Richardson	Steve Erdley	Betsy Herpich

Worship Assistants

Counter

12/5	Barb Winkel	Eric Richardson / Peter Pavlacka
12/12	Peter Pavlacka	Sue Tierney / Brian Genalo
12/19	Lauren Seiter	Steve Erdley / Lorraine Savidge
12/24	Will call for volunteers	—
12/26	Keith Gatling	Stephany Richardson / Scarlett Erdley

Reconciling In Christ (RIC)



Ephesians 2:14 For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility

Our work has begun!

Barb and Sarah are actively searching for people to become members of a "Core Team" to begin a conversation with the members of King of Kings. This conversation will begin with one-to-one visits just to get an idea of how the congregation, as a whole, feels about where King of Kings is at, and where you would like to see us grow.

If you would like to learn more about becoming an RIC congregation, or if you would like to help us on this journey, please contact Barb Winkel or Sarah Richardson.

People News...

Our sympathy and prayers are extended to **Joan Boyle** of the passing of her father, **Joseph O'Brien**. May God's love and many good memories bring you comfort and peace.



Natalie Patricia Donaldson, infant daughter of **Tom** and **Ginger Donaldson** and sister of **Kerry** and **Jocelyn**, was baptized at King of Kings on Sunday, October 3rd. May God bless her new life in Christ.

Congratulations to **Anita Leitgeb**, Donor Relations Director for the Salvation Army's Central New York Region, who recently attained her CFRE (Certified Funds Raising Executive) professional credential. The Certified Fund Raising Executive designation attests to a fundraiser's mastery of knowledge and skill, as well as achievements and ethical commitment to the fundraising profession.

As a busy academic year continues for our students, we are happy to note that **Jacob Sousou** and **Alison Tierney** are among the participants in the Liverpool High School's Marching Band. The Band finished in first place in the National Show category, when the New York State Field Band Conference Championships took place at the Carrier Dome recently. **Steve** and **Anna Salem** serve as two of the advisors for the Band.

Thank you to all who supported CROP Walk 2021 and the Thanksgiving Meal Project, as well as the Food Drive for the Westside Food Pantry at Brown Memorial and the Thanksgiving Basket project.



December heralds in the Advent and Christmas season. In the church, it is a time of expectation and preparation for the coming celebration of the birth of Jesus Christ. We have many beautiful traditions, symbols, and songs that help us to prepare our homes and hearts for this holy and blessed time of year. The lighting of the Advent wreath is one of my favorite traditions; for the 4 Sundays prior to Christmas Day, a new candle is lit on the Advent wreath to symbolize our journey from darkness into light. Traditions vary, but our Advent wreath will use 3 purple candles and one rose-colored candle. Did you know that each candle has a name and a meaning?

The **First Candle** is called the “Prophets Candle”. We will hear scripture from the Old Testament prophets that foretell of “Messiah’s” birth. The purple of the candle symbolizes royalty, repentance and fasting. Songs of the first week of Advent will encourage us to be reflective, and to remember Hebrew people’s many years of waiting and longing for their Savior to come.

The **Second Candle** is called the “Hope” or the “Bethlehem” candle. This candle reminds us that the prophet Micah foretold that the birth of the Messiah would be in Bethlehem. This candle is also purple and is an encouragement to prepare with faith and hope for the coming of Christ. We will be singing songs of anticipation and expectation as we move nearer to Christmas.

The **Third Candle** is the “Joy!” or the “Shepherds” candle. Rose is the liturgical color for joy, so this special candle is rose-colored. This Sunday we remember the joy of Mary when the angel Gabriel told her she would give birth to the Messiah. It is also commemorative of the joy of the shepherds when the angels announced to them that their Savior had come. The songs of this week will focus on the joy of Mary, and the joy in our journey as we move ever closer to Christmas Day.

The **Fourth Candle** is the “Angels” candle, and is also known as the “Peace” candle. It is a purple candle symbolizing the divine and royal nature of our “Prince of Peace”. Songs of this Sunday will again be joyful as we know the time of Christ’s birth has almost arrived.

The **Fifth Candle** is a White Candle in the center of the wreath. It is known as the “Christ Candle” - it is lit on Christmas. White symbolizes Christ’s pure love, and pure light. It is the light that has overcome all darkness., The songs and carols of Christmas will be filled with “unspeakable joy”, praise, and thanksgiving for God’s great love made known to us through Jesus.

The **other candles** of Christmas? They are the individual candles that are lit and held by worshipers at the Christmas Eve services as we once again will sing “Silent Night”. With the Advent wreath fully lit, and the sanctuary bathed in only candlelight, we hope to experience the awe and wonder of the moment of Christ’s birth.

On **December 19th**, the Sunday School children will be presenting a song called “The Friendly Beasts” in church. For those who might not know it, it is a sweet song told from the point of view of the various animals that were (possibly) present at the Savior’s birth. Each animal retells the part they played in welcoming the Christ child into the world. A few of our Handbell Choir members will be playing a special piece in church for the December 12th service. We’ll also have special songs for the other Sundays of Advent, and on Christmas Eve. Thank you to all who so willingly help with our music ministry!

It is certainly hard to capture in words or in music the awesome significance of the birth of Christ, but I strive to let the light of His love shine through me and through my music. I pray that in ways great or small, the music of the season touches you and deepens your awareness of God’s eternal love and peace.

I leave you with two Christmas “gifts”. The first “gift”: I highly recommend that you watch “The Chosen”. Told from the point of view of the people Jesus meets, it is a series about the life of Christ and the first disciples. You will almost assuredly grow to understand and love Jesus more and more as you watch the episodes. If you google “The Chosen”, you will find out how to get the free app for your phone, or find out what streaming services are showing it for free. It has been translated into many languages and is teaching people all over the world about Jesus. There are 2 seasons of 8 episodes



available, and they are currently working on Season 3.

The second “gift” I leave you with is this link to “Magnum Mysterium” composed by M. Lauridsen, and sung by the Nordic Chamber Choir. <https://music.youtube.com/search?q=magnum+mysterium>. (It is not quite 7 minutes long.) I suggest you light a candle on some December evening, quiet your mind and heart, and listen to this hauntingly beautiful piece. (Have a box of tissues nearby!) The Latin words describe the “Great Mystery” of how the birth of the King of Glory, the Lord of heaven and earth, the Almighty, the Prince of Peace was witnessed only by the animals of the stable. How astounding, how humbling, and how perfectly fitting for the God who comes for the downtrodden, the lowly, the broken-hearted, the forgotten, and the lost to be born as a poor baby in a manger.

Take time to reflect on these words of K. Lee Scott from her song, “Peace Came to Earth”: “How else could I have known you, O my God! How else could I have loved you, O my God! How else could I embrace you, O my God! Who could but gasp: Immanuel! Who could but sing: Immanuel!”

He is our hope. He is our peace ~

Beth Colbert, Director of Music

Warming Tree

As you may have heard, there are a number of refugee families arriving in the Syracuse area. Interfaith Works is scrambling to set up apartments and to provide needed supplies. One of the big needs is warm winter clothing because many of the refugees do not have these items. You can be part of addressing this need! We will be setting up a “Warming Tree” to collect hats, mittens, gloves, scarves, boots and winter coats (gently used is okay). You can bring in items of all sizes and put them on or around the tree. We will then deliver the items to IFW so they can distribute them.



For a second option, we will be sponsoring 5 refugee families for holiday gifts. We sponsored families last year and the gifts were greatly appreciated. We will be sending out details of how to sign up to sponsor a family, the timeline and suggested gift items in a special What’s Up. If you have any questions about sponsoring a family, please ask Betsy Herpich.

Helping Yourself Heal During the Holiday Season

By Alan D. Wolfel, Ph.D.

Holidays are often difficult for anyone who has experienced the death of someone loved. Rather than being times of family togetherness, sharing and thanksgiving, holidays can bring feelings of sadness, loss and emptiness.

Love Does Not End With Death

Since love does not end with death, holidays may result in a renewed sense of personal grief - a feeling of loss unlike that experienced in the routine of daily living. Society encourages you to join in the holiday spirit, but all around you the sounds, sights and smells trigger memories of the one you love who has died. No simple guidelines exist that will take away the hurt you are feeling. We hope, however, the following suggestions will help you better cope with your grief during this joyful, yet painful, time of the year. As you read through this article, remember that by being tolerant and compassionate with yourself, you will continue to heal.

Talk About Your Grief

During the holiday season, don't be afraid to express your feelings of grief. Ignoring your grief won't make the pain go away and talking about it openly often makes you feel better. Find caring friends and relatives who will listen - without judging you. They will help make you feel understood.

Be Tolerant of Your Physical and Psychological Limits

Feelings of loss will probably leave you fatigued. Your low energy level may naturally slow you down. Respect what your body and mind are telling you. And lower your own expectations about being at your peak during the holiday season.

Eliminate Unnecessary Stress

You may already feel stressed, so don't overextend yourself. Avoid isolating yourself, but be sure to recognize the need to have special time for yourself. Realize also that merely "keeping busy" won't distract you from your grief, but may actually increase stress and postpone the need to talk out thoughts and feelings related to your grief.

Be With Supportive, Comforting People

Identify those friends and relatives who understand that the holiday season can increase your sense of loss and who will allow you to talk openly about your feelings. Find those persons who encourage you to be yourself and accept your feelings - both happy and sad.

Talk About the Person Who Has Died

Include the person's name in your holiday conversation. If you are able to talk candidly, other people are more likely to recognize your need to remember that special person who was an important part of your life.

Do What is Right for You During the Holidays

Well-meaning friends and family often try to prescribe what is good for you during the holidays. Instead of going along with their plans, focus on what you want to do. Discuss your wishes with a caring, trusted friend.

Express Your Faith

During the holidays, you may find a renewed sense of faith or discover a new set of beliefs. Associate with people who understand and respect your need to talk about these beliefs. If your faith is important, you may want to attend a holiday service or special religious ceremony. As you approach the holidays, remember: grief is both a necessity and a privilege. It comes as a result of giving and receiving love. Don't let anyone take your grief away. Love yourself.

Church Council

Pat Lebel, Chair
Greg Yoder, Vice Chair
Barb Winkel, Financial Secretary
Cindy Johnson, Recording Secretary
Carl Bastedo, Treasurer
Caitlin Genalo, Council Member
Ken Krafft, Council Member
Doug Keim, Council Member
Niel Zuern, Council Member
Rev. Tara Lamont Eastman
Deacon Nancy Wagner



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Property, Niel Zuern
Service Ministry Team, Deacon Nancy
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Worship & Music, Deanna Pavlacka
Children's Ministry, Sue Evans
Young Families, _____
Mutual Ministry Committee, Jerry Foor
Parish Nurse, Health Ministry Team, Carol Genalo
Fellowship, Shari Murray
Hospitality, Cathy Miller
PALMS, Weta Hayden
Stephen Leader: Marcy Grundner
Stephen Leader: Lynn Myers
Quilters: Donna Huberty
Women's Group: Dawnelle Jager
Women's Group: Jennifer Foor
Women's Group: Lynn Weeks

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